

Shoshin Dojo

Children's Classes

Classes Wednesday and Sunday.

Contact Alan: 0872028837 Damien: 0863998610

Email: Shoshin@wado.ie

Web: www.wado.ie

From 7 years and up.

Combining the fun and excitement of Sport Karate and the tradition of a Japanese Martial Art.

General life skills involve learning the 5 Maxims of Karate, dealing with peer pressure, coping with school and sport pressure, the value of relationships and so much more. Your child will receive care, attention and high level instruction at our dojo. Students are encouraged to be the best they can be in all aspects of their lives.

Book their place to ensure their success.

New Class starting First Sunday in September, Class starts at 12.00 to 13.00.